

MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

Students & Residents Travel to National Conference in Kansas City

By Lisa Regehr, MAFP Conference Coordinator

"Family Medicine: At the Heart of Health Care Transformation" was the focus for the 2013 National Conference held August 1 - 3 in Kansas City. Chapters of the Academy and the University of Minnesota – Department of Family Medicine and Community Health provided scholarships for 27 students to attend. MAFP Student & Resident Directors and Alternate Directors also attended representing Minnesota at the Resident and Student Congresses.

"The National Conference was an amazing opportunity to talk with residency programs and learn more about family medicine training," said **Nicole Person-Rennell**, MS4, Mayo Medical School. "I am excited to enter this great field!"

The Minnesota Reception took place at the Alamo Draft House. Sponsors of the reception were **Allina Health, Cuyuna Regional Medical Center, Essentia Health, Fairview Health Services, HealthPartners & Park Nicollet, Mayo Clinic Health**

System and Sanford Health - Fargo. The event is a chance for medical students, residents, and family physicians to network and learn about family medicine opportunities here in Minnesota.

Delegates to the Resident and Student Congresses were Resident Director, **Susan Pleasants, M.D.**; Alternate Resident Director, **Raj Bhui, M.D.**; Student Director, **Austin Spronk**; and Alternate Student Directors, **Erica Gathje** and **Elizabeth Hillebrand.** Issues addressed



in the congresses included enhancing the AAFP's Continuing Medical Education content delivery methods, screening and reporting of elder abuse and neglect, promoting pneumonia awareness and prevention, improving care coordination among high utilizers of emergency and hospital services and more.

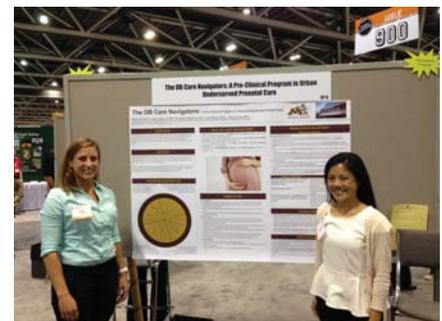
University of Minnesota medical student **Jon Harvey** ran for the position of Student Delegate to the AAFP Congress of Delegates. Following the conference, **Stewart Decker**, MS 4, University of Minnesota, applied for Student Representative to the Commission on Governmental Advocacy and



The Minnesota Reception is a chance for students, residents and family physicians to network.

Mitika Kanabar, M.D., a resident at HCMC, applied for the position of Resident Representative to the *Annals of Family Medicine* Editorial Advisory Board.

Dr. Kanabar took first place for her poster "Improving Accuracy of Documentation for Appropriate Coding and Billing in a Family Medicine Residency Program Inpatient Service at a County Hospital." **Chandra Cherukuri, M.D., M.S.**, was also an author on this project. **Katie Mingo** and **Tiffany Wang**, medical students at the University of Minnesota, presented their poster "The OB Care Navigators: A Pre-Clinical Program in Urban Underserved Prenatal Care". **Abby LaBounty, M.D.**, North Memorial FMRP, and U of M medical student **Brian Park**, were also authors on this project.



Medical students Katie Mingo and Tiffany Wang presented their poster at the National Conference.

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This issue of Minnesota Family Physician is brought to you by the Institute for Low Back and Neck Care.

Coming Up



9/21	Residency Recruitment and Procedure Workshop, Ramada Plaza Minneapolis
10/4-6	Family Medicine Midwest Conference, Milwaukee, WI
10/26	MAFP Board of Directors Meeting, St. Louis Park
11/21	Academic Round Table Dinner Commons Hotel, Minneapolis
11/28-29	Holiday, MAFP Office Closed

Continuing Medical Education Courses

Twin Cities Sports Medicine Conference

Date: October 4-5, 2013

Location: Crowne Plaza St. Paul Riverfront

CME Credit: 10.25 Prescribed Credits

Contact: University of Minnesota Office of CME

Phone: 800-776-8636 or 612-626-7600

Email: cme@umn.edu

Website: www.cme.umn.edu/tcsportsmed

Impairment Without Disability 2013

Date: October 10 - 11, 2013

Location: St. Paul Crowne Plaza

CME Credit: 10.50 Prescribed credits

Registration: <http://www.impairmentwithoutdisability.com/register/>

Primary Care Update: Pathways to Knowledge

Date: October 10 -11, 2013

Location: Minneapolis Convention Center

CME Credit: 13.50 Prescribed Credits

Post Activities: SAM Study Group, CLS-R, BLS-R and ABIM MOC

Provider: HealthPartners Institute for Education and Research

Email: learn@healthpartners.com Phone: 952-883-6225

Transitions in Geriatrics Conference

Date: October 24-25, 2013

Location: Crowne Plaza Hotel & Suites Mpls Int'l Airport, Bloomington

CME Credit: 11 Prescribed Credits

Contact: Rosemary Lobeck Phone: 952-929-9398

Website: <http://www.minnesotageriatrics.org/fallconferencemmda.html>

Mayo Clinic Clinical Reviews

Date: Oct. 28-30 & Nov. 11-13, 2013

Location: Rochester, MN, Mayo Civic Center

CME Credit: To Be Determined

Provider: Mayo Clinic Phone: 800-323-2688

Email: cme@mayo.edu

Rules or Guidelines?

But Dad, you are ruining my whole life. I have heard these words or variations of it several times over the years. When my children were young, my wife and I were the protectors, wise counselors, and rule makers. The children had some role in family decisions, but we had the final word. It was expected that the rules would be followed. As they became pre-teen and then teenagers, the roles changed. They wanted—even demanded—that their voice would be heard. They had their own schedules that had to be taken into account. While my wife and I still had ultimate veto power, I found we started to use guidelines of what was expected and started to let them have more control of their lives. We had to figure out how to keep control and yet not be too overbearing so they could find their own way.

Recently, I was doing rounds at the nursing home. I was seeing patients, but I also spent a lot of time filling out paper work. There are so many rules telling me that I had to do this and saying I had to do that. This patient almost fell... need to do paperwork. That one was on too many medications... therefore more paperwork. It went on and on. After the nursing home, I went to the clinic. I saw more patients. There were more rules and paperwork that needed to be done. You have to do this and you have to do that—and you better document it the right way. For whatever reason, when I finished work that day, I felt much like the young child who had the protector, wise counselor, and rule-maker telling me what to do.

Don't get me wrong, I have no problems with guidelines as long as they are just guidelines. However, it seems to me that lately the guidelines are becoming rules. These rules are also inflexible. Not every rule can or should be applied to every patient. I see a lot of potential good in best practices, quality measures, and data collection. However, as family physicians, we value the relationships we form with patients. We know them better than the policymakers. I hope that we don't get so hung up on the rules and measures that we forget that seeing the whole patient is our main goal.

President's

Message

By Daron Gersch, M.D.



In the article "Doctors Lobby for Adoptable Quality Measures" found in the August edition of *Hospitals and Health Networks*, the chief medical officer of AltaMed Health Services in Los Angeles, Martin Serota, M.D., asks: "Are some quality measures, while well intentioned, actually dragging doctors away from more pressing needs of their patients?" His concern is that money and resources are being used to meet arbitrary measures that aren't critical for that area. Because of that, they are not spending as much time on community issues like TB, food, safe living environment, and violence.

I think this would be especially true for the doctors taking care of people in the inner city, very rural areas, and Indian Tribes. But even here in Albany, MN, we have had several foreclosures and the food shelf is helping over twice as many people as ten years ago. I have patients who can't afford their medications. Do I address this or am I so stuck in my EMR that I forget to see the person and the problems they face that are not tagged to a quality measure? I don't know if I want to admit what the answer might be. So, while it is important to work on the guidelines, I will work on the other factors as well. If I don't get every box checked but truly helped my patient, I can live with that.

Nominate a Peer, Mentor or Colleague for an MAFP Award



The MAFP is now accepting nominations for the following awards:

Family Physician of the Year
Teacher of the Year
Researcher of the Year
Resident of the Year
Medical Student Award
Merit Award

Nomination Process

All nominations must be made in writing to the MAFP office (mail, fax or e-mail). Include the award name, your name and phone number, and explain why the nominee is deserving. Also, if applicable, include the name of the nominee's clinic, residency program or medical school. Additional information may be requested from the nominator or nominee. Candidates must be MAFP members., except Researcher of the Year Award candidates.

Deadlines for Submission

Family Physician of the Year: January 3, 2014
All Other Awards: February 5, 2014

For more information and a detailed description of each award, please visit the MAFP website at www.mafp.org/awards.asp.

What's New

Member News



Paul Van Gorp, M.D.

Paul Van Gorp, M.D., is the recipient of the 2013 Exemplary Teaching Awards, Volunteer Category. This award was developed to acknowledge exemplary teaching skills, as well as outstanding educational program implementation. **Paul Kleeberg, M.D.**, chief medical informatics officer for Stratis Health and clinical director for Regional Extension Assistance Center for HIT (REACH) was voted chair elect of the Healthcare

Information and Management System Systems Society (HIMSS) Board of Directors.

Residents Selected to Receive Awards

Keri Bergeson, M.D., North Memorial Family Medicine Residency Program, was selected to receive an AAFP/Bristol-Myers Squibb Award for Excellence in Graduate Medical Education. This award recognizes outstanding family medicine residents for their leadership, civic involvement, exemplary patient care and aptitude for and



Keri Bergeson, M.D.

interest in family medicine.

Mitika Kanabar, M.D., Hennepin County Medical Center FMRP, received the Meyers Quality Innovation Education Award for recognition of the resident demonstrating commitment to high quality health care technology and education.



Mitika Kanabar, M.D., with Gary Oftedahl, M.D., and Allyson Brotherson, M.D.

Membership Report: July 1, 2013 - August 31, 2013

New Active & Supporting Members



Central Chapter

Inieke Mike Ikpe, M.D., Lindstrom

East Metro Chapter

Christopher Adams, M.D., Oakdale
Stephanie Hemmer, D.O., Woodbury
Joseph Kalugdan, M.D., Cottage Grove
James Mantzaris, D.O., Cottage Grove
Patrick Morris, M.D., Scandia

Lake Superior Chapter

Lisa Young, D.O., Duluth

Minnesota Valley Chapter

Grant Eyjolfson, M.D., Hendricks

Southeast Chapter

Jennifer Thuener, M.D., Winona

Southern Chapter

Jennifer White, M.D., Springfield

West Metro Chapter

Melissa Mohrenweiser, M.D., Chanhassen
Kevin Sirmons, M.D., Plymouth

Shyam Balakrishnan M.D., Maple Grove
Shalu Bansal M.D., Omaha, NE
Maria Barrell, M.D., Duluth
Rachel Batdorf M.D., Rochester
Luke Beckman M.D., Cincinnati, OH
Melinda Berg D.O., Mahtomedi
McKenzi Burmesiter M.D., Blackduck
Elizabeth Burnes M.D., Maplewood
Maria Carrow M.D., Vernon, CT
Daniel Chappell D.O., Salt Lake City, UT
Eric Chau M.D., Saint Paul
Rosemary Chiedozi M.D., St. Louis Park
Amanda Christ M.D., Richfield
Jonathan Currey M.D., Duluth
Heather Danckwart M.D., Duluth
Mark Eaton M.D., Saint Paul
Linnea Engel M.D., Saint Paul
Sasha Fach D.O., Harold, KY
Demian Gitnacht M.D., Saint Paul
Justin Golden M.D., Hull, MA
Sai Gollapudi M.D., Avenel, NJ
Ayesha Hameed M.D., Woodbury
Hilary Hammell D.O., Minnetonka
Dorrie Happ M.D., Duluth
Ron Her M.D., New Hope
Patricia Herbert M.D., Minnetonka
Kyle Hoffert M.D., Faribault
Keegan Jackson M.D., Duluth
Aaron Jordan M.D., Cromwell
Carrie Kern D.O., Red Wing
Mary Kleinschmidt M.D., Rogers
Austin Krohn M.D., Hopkins
Ryan Kroschel M.D., Woodbury
Monica Lee M.D., Duluth
Tria Lor M.D., Brooklyn Center

Erin Louks-Smith M.D., Circle Pines
Thomas Lovinger M.D., Mankato
Louis McGuire M.D., Apple Valley
Matthew McLeod M.D., West Fargo, ND
Claire Miller M.D., Minneapolis
Regina Molokwu M.D., Medford
Thomas Mullin M.D., Minnetonka
Jeff Nelson M.D., Saint Paul
Maggie Neudecker M.D., Duluth
Angela Nuamah-Addo M.D., North Mankato
Kelsey Nylander D.O., Saint Clair
Peter Olsen M.D., Duluth
Tessa Pierson M.D., Saint Paul
Michael Pipestone M.D., Minneapolis
Amber Scaletta D.O., Saint Paul
Ghazal Sinha M.D., Floral Park, NY
Nicole Smith M.D., Wyoming
Nathan Tiwari M.D., Duluth
Carol Tunney M.D., Rochester
Praveen Tupakula Ramesh M.D., Minnetonka
Nicole Ulrich D.O., Minneapolis
Marco Pocholo Valencia M.D., Tacoma, WA
Nicole Vandenberg M.D., Minneapolis
Tou Sue Vang M.D., Mahtomedi
Jennifer Vesely M.D., Crystal
Viktokiya Vladykina M.D., Medina
Alexis Vosooney M.D., Saint Paul
Nathan Waibel M.D., Saint Paul
Jennifer Wesenberg D.O., Saint Cloud
King Chung Yam M.D., Minneapolis

How Will the New Child Victims Act Impact Family Physicians?

- Survivors are turning to their doctors for support -

Article submitted by Patrick Noaker, an attorney in Minnetonka, MN, who represents survivors of sexual abuse in civil lawsuits.

This legislative session, the Minnesota Legislature passed and Governor Dayton signed, the Child Victims Act ("CVA"). The CVA modifies the statute of limitation, or time limit, within which a victim of childhood sexual abuse may file a civil lawsuit related to being sexually abused as a child. Under the old law, a survivor of sexual abuse had six years after his or her 18th birthday to file a civil case. Now, that time limit has been removed and survivors, whose time limit had expired under the old law, have three years within which to file a civil lawsuit. These changes not only impact claims against the perpetrator, but also apply to claims against others, such as employers, who might share some of the fault for the sexual abuse.

What Will This Mean to Family Physicians?

Increase in Sexual Abuse Patients

Increased media coverage of filed lawsuits may drive many sexual abuse survivors to treatment. Some survivors will experience the increased frequency in media coverage as confirming that they "are not the only one," normalizing the childhood sexual abuse experience. Other survivors will be agitated by the media coverage because it dredges up painful memories. Either way, news coverage about sexual abuse is very likely to drive survivors to their family physicians.

Survivors Will Learn That There is Help Available

Stories of the mental toll that childhood sexual abuse has taken on survivors in our communities will help other survivors to connect the sexual abuse to their own mental health problems. Once this connection is made, the survivor will realize that there is help available.

More Patients Will Be Involved in Litigation

Under the previous Minnesota law, survivors had a very short time within which to bring a civil case. Unfortunately, most missed that deadline and were prevented from bringing any legal action. The CVA provides a three-year window for every survivor to bring legal action. This change will definitely result in more patients being involved in lawsuits.

Patients Will Need Support in Coping With Painful Memories

There are many tears and much pain during the litigation of a sexual abuse case. Survivors must describe the sexual abuse in much more detail than they have described it before. Sometimes, memories of abuse that were previously locked away, resurface. In addition, the survivor must sift through childhood memorabilia in order to find photographs of them as children and of their perpetrators. Often the perpetrator gave gifts to the child that the child saved. These tasks result in confronting painful memories that the survivor has not experienced in many years.

Patients Will Need Treatment Relating to Stresses of Litigation

Litigation can be a mixed experience. On one hand, the survivor is finally standing up and taking back the power that was stolen as a child. Standing up, filing a lawsuit, answering difficult written questions, giving a deposition and testifying at trial

Additional Points from a Family Physician Perspective

- Family physicians should decide as an individual, what is their comfort level at making the determination of sexual abuse in examinations and they should be very comfortable with the ability to defend a lack of any evidence, since 95% of these examinations will be normal. Testimony to support a witness in this area is a major part of the court case. For some family physicians, the best position may be to refer the patient to a physician with child abuse pediatrics specialty training and experience, to help better support the patient through the legal proceedings. Testimony to support normal findings following sexual assault, is found in strong well-documented literature, but the physician must be able to explain the reasons in literature.
- While we are most fortunate to have well-trained clinical psychologists in our state, the care recommended for these victims should be involving someone who is experienced in trauma-focused therapy since this has been found to have very good success both on an acute basis as well as long-term for these patients.
- Often advocacy groups such as rape and abuse centers will provide an advocate to assist the patient and family all the way through the legal proceedings. Another alternative is the advocate who works through the US Attorney's office that may be prosecuting the case. This advocate, along with the psychologist involved in the care of the patient, can help minimize the trauma of the court case as well as help prepare the patient for testifying.
- If family physicians are going to be involved in the legal services, I would strongly recommend that they work with a specialist in Child Abuse Pediatrics to provide some insight into court and testimony involving patients with this history.

Arne H Graff, MD, Child and Adolescent Maltreatment Services, Sanford Health-Fargo

are empowering for many. On the other hand, being cross-examined is stressful. It is almost universal that survivors worry that they will not be believed. Often because the perpetrator has told the survivor that he or she wouldn't be believed. Prior to testifying, the survivor's anxiety goes through the roof. If untreated, this stress and anxiety can cause the survivor to become completely unglued, resulting in problems with employment, marriage and alcohol and chemical abuse.

Patients Will Need You to Interact With Lawyers in the Case
Lawyers will request copies of your treatment records. Lawyers may ask you to give a deposition. There may be times that your

2013 MAFP Student Director Report

Student Director



*Austin Spronk
Student Director*

As a second year University of Minnesota Duluth medical student, I have benefitted and learned from various opportunities that the MAFP and FMIG have given me. Through the FMIG at Duluth, I've learned so much about further training about being a family physician, what practice opportunities are available, and what to expect as I enter that part of my life. This year, I was also able to represent the medical student voice as the MAFP Student Director. In April, I was elected as the Student Director and

started my term on MAFP's Board of Directors and Academic Affairs Committee. Through these committees, I have been able to represent the student voice to the MAFP. I have also been learning about policy development and implementation, especially in this exciting time for family medicine with increased focus on primary care and preventative medicine. I am very excited to see how medicine will change as I continue school and residency and future practice.

In early August, I joined 27 of my peers and classmates from the Minnesota medical schools on the annual trip to the AAFP National Conference of Residents and Medical Students in Kansas City. This year's conference theme was health care changes and how they apply to family medicine. The various main stage speakers, including Ted Epperly, M.D., FFAFP, Michael Fine, M.D., Deborah Richter, M.D., Maureen Padden, M.D., MPH, FFAFP, and Marci Nielsen, MPH, Ph.D., discussed how, through the evolution of medicine and the Affordable Care Act, Family Medicine is quickly becoming more and more important in every health care system. Several of these speakers were influential in developing a single-payer system or increasing utility of family medicine doctors to an increased capacity, such as in the Navy.

Not only was the conference a great opportunity to connect with other students and residents and to discuss with each other about what family medicine opportunities await us, as well as the future of family medicine. I was able to network with other students and residents from the other Minnesota medical schools, as well as various residencies. Interacting with various residencies was a very exciting opportunity as well. Although application for residency is still a few years off for me, it was great to learn about what different residencies offer, what they focus on, and where I could possibly see myself in three years.

On behalf of all conference attendees, I would like to express our immense gratitude to the MAFP local chapters and the University of Minnesota Department of Family Medicine and Community Health. Our robust Minnesota presence would not have been possible without your support.

2013 still holds several exciting events for both MAFP student and physician members. These include the Residency Opportunities and Procedures Workshop on September 21st and the Academic Round Table scheduled for November 21st, which will focus on the ACA and its impact on racial, ethnic, and socioeconomic health disparities.

I am excited to continue my service as the MAFP's Student Director, and I am fortunate to have two great counterparts helping me represent the student voice: Elizabeth Hillebrand, Mayo, MS 2 and Erica Gathje, UM-Twin Cities, MS 4, the latter of which fulfilled my voting duties when I was unable to and both of whom also attended the national conference and represented the chapter's interests during congress sessions - and who will be serving as alternate student directors.

If you'd like to contact me with questions or suggestions, I'd be delighted to hear from you. My email address is sppron009@umn.edu.

Austin Spronk, MS 2
University of Minnesota - Duluth Medical School

Procedure Workshops & Residency Opportunities - FREE for Medical Students -

Medical students are invited to explore family medicine residency opportunities and take part in hands-on procedure workshops on Saturday, September 21, 2013, from 9:00 a.m. until 1:00 p.m., at the Ramada Plaza Minneapolis. Brunch will be provided and you are welcome to bring a guest.

There will be a drawing at 11:00 a.m. (you must be present to win) for great prizes. The event is an open house so you can arrive when you want and stay as long as you want. If you carpool from Duluth or Mayo, we'll pay for the gas! (reimbursement forms will be available at the event.)



Try these Procedure Workshops: Circumcision, Endometrial Biopsy, Knot Tying, Lumbar Puncture & Central Line Placement, Manual Vacuum Aspiration, Musculoskeletal Ultrasound, Shoulder Injection, Short Arm Casting, Splinting Demonstration, Surgical Procedures, Suturing, Vacuum Extraction for Labor & Delivery, and Vaginal Laceration Repair.

See a list of family medicine residency programs attending and learn more by visiting www.mafp.org. To sign-up, email your contact information to lregehr@mafpo.org.

2013 MAFP Resident Director Report

Resident Director



Susan Pleasants, M.D.
Resident Director

Hello fellow MAFP members! I have been fortunate for this year to be selected to serve as the Resident Director to the MAFP for 2013-2014. I first became interested in being more involved in the MAFP through serving on the Legislative Committee for the last year. I saw how much the opinion of Minnesota physicians impacts the laws that go before congress and it got me excited to be involved in one of the major groups of physicians with a voice there.

To introduce myself, I am a third year resident at the University of Minnesota Family Medicine Residency at North Memorial. I have particular interests in quality improvement as well as healthcare policy and administration and the changes that are coming to all medical specialties and medical education in the coming years. I'm also excited (and of course a little nervous!) to be nearing the end of my training and deciding what path my career will take in the next few years.

This is a very exciting time to be a part of primary care. The culture is really beginning to shift away from narrow focused subspecialized care to primary and preventative health. For the first time in THREE DECADES, obesity rates have not increased in the US. Smoking is on the decline. Though both are still enormous problems, focus has started to shift toward

prevention of disease instead of treatment of the consequences. Primary care providers have been an integral part of this both in the office and in the White House. I am excited and admittedly a little anxious to see how healthcare unfolds over the next decade and hope to continue to be at the front lines as it happens.

This year, we had an exciting AAFP conference in early August where I, with great help from Raj Bhui, M.D., who was the alternate delegate, represented the state of Minnesota in the Congress of Delegates. Every year, representatives from all the states come together to discuss health care policy, medical and residency education, and the future of family medicine. Discussion is both exciting and sometimes contentious. Resolutions about reduction in high-utilizers in the emergency department, the use of increased technology for delivery of CME and primary care clerkships in medical school were discussed among many other topics. It is always exciting to see representatives from all over the country discuss topics that affect all of family medicine. And this year, with the help of the new conference app, we were able to "friend" other attendees and stay connected throughout the upcoming year.

In my two years as a resident, I have been learning what it will mean to be a clinician, but also a citizen in the community that we serve both local and global. I hope that over the next few years, I can continue to be a part of the Minnesota Academy of Family Physicians and continue to serve my community along with the many other leaders I have met here. I look forward to working with the MAFP Board this year!

Susan Pleasants, M.D., PGY 3
University of MN – North Memorial Family Medicine Residency

What's New

New Foundation Executive Director

The MAFP would like to welcome **Jo Peterson, Ph.D.**, who recently joined the MAFP Foundation as its new executive director. Peterson started with the Foundation in August. She previously worked for the University of Minnesota Medical School as the director of Minnesota's Future Doctors.



Like Us on Facebook!

The MAFP is on Facebook and wants you to Like Us! To find us, simply search for **Minnesota Academy of Family Physicians** while on Facebook, then hit like at the top!



Seeking Sponsors for Minnesota Family Physician Newsletter



Sponsorship opportunities are still available for the 2014 *Minnesota Family Physician (MFP)* newsletter. To date, available issues include March/April, July/August and November/December. We are also accepting sponsors for our six 2015 issues. The *MFP* is the official newsletter of the Minnesota Academy of Family Physicians (MAFP), the state's

largest medical specialty organization.

Each issue of *Minnesota Family Physician* has ONE sponsor who receives a half-page display ad on the back cover. No other display ads are allowed. To see an online example of our newsletter and previous sponsor ads, please visit <http://www.mafp.org/issues.asp>.

The cost of sponsoring an issue is \$1,000. If you are interested, please email kthorson@mafpp.org.

patient's lawyer needs to speak with you. Please know that your participation will benefit your patient.

There May Be Different Funding Sources For Treatment

Family physicians may be faced with different funding sources for their treatment of sexual abuse survivors. Sometimes, a defendant will agree to pay for mental health treatment for the survivor. HIPAA restrictions must be carefully adhered to when interacting with the third party. Pay special attention to the content of the billing statements to insure that no protected information is contained on the statement. Other times, the survivor will have a lawsuit pending and have no ability to pay for treatment until the lawsuit is resolved with a monetary award. Many providers agree to treat the survivor as

long as the survivor agrees to make periodic payments and/or agrees to pay for the treatment if, and when, the survivor gets a monetary award.

In the area of childhood sexual abuse litigation, it is critical that the family physician and legal counsel for the survivor work as a team. This will increase the likelihood that the survivor will emerge healthier and feeling victorious. The CVA was enacted in order to give survivors of childhood sexual abuse the ability to pursue and pay for the medical care that they need and deserve. Survivors have the right to live happy and healthy lives. Attorneys and physicians can each do their part to achieve that end if they cooperate with each other and allow the CVA to work as it is intended.

Membership Report: July 1, 2013 - Aug 31, 2013

New Resident Members

Duluth Family Medicine

Amanda Carlson, M.D.
Nathaniel Chappelle, M.D.
Anthony Hoff, M.D.
Ryan Kroll, M.D.
Lindsay Leveille, M.D.
Ashley Niesen, M.D.
Anders Osthus, D.O.
Nathan Palmolea, D.O.
Steven Rasmussen, M.D.
Kelsey Redland, M.D.

Hennepin County Medical Center

Tolulope Abikoye, MMBS
Eseoghene Abokede, M.D.
Trevor Chan, M.D.
Jack Hung, M.D.
Benjamin Krage, D.O.
Avninder Singh Mann, M.D.
Suchithra Narayan, M.D.
Michael Ngo, M.D.
Rishi Ramdass, M.D.
Sanjay Singh, M.D.
Allison Waterbury, M.D.
Ingrid Yin-Kei Wong, M.D.

Mayo Family Medicine

Christopher Boswell, M.D.
David Finnessy, M.D.
Adam Fletcher, M.D.
George Kelly, M.D.
Rachel Keuseman, M.D.
Kathryn McKenzie, M.D.
Brooke Meade, M.D.
Chelsea Traverse, M.D.

United Family Medicine

Katelyn Bezek, M.D.

MAFP Membership

(As of 7/31/13)

Actives = 2,132
Residents = 237 Students = 231
Life = 288 Inactive = 61
Supporting = 2

Total = 2,951

Jonathan Dickman, M.D.
Andrew Dixon, M.D.
Kelsey Leonardsmith, M.D.
Lacey Running Hawk, M.D.
Melissa Zant, M.D.

University of MN Family Medicine & Community Health Programs

Fairview Smiley's Clinic

Maleeha Faisal, MBBS
Amanda Hinrichs, D.O.
Sean Schulz, M.D.
Sundeep Singh, M.D.
Laurie Townsend, M.D.
Sufian Zayed, M.D.

Mankato

Cody Honl, D.O.
Kaisa Jordan, D.O.
Brian Lovig, M.D.
Angela Olerich-Lala, D.O.
Mark Stuckey, D.O.

Methodist Hospital

Kristina Bruns, D.O.
Kristen Budahn, M.D.
Hindi Omar Hussein, M.D.
Jackie Jensen, M.D.
Sarah Ristvedt, M.D.
Chiyo Takehara, M.D.

North Memorial Health Care

Bassim Birkland, M.D.
Rachel Franchi-Winters, D.O.
Alexander Hubbell, M.D.
Emily Kidd, M.D.
Elizabeth Lownik, M.D.
Eduardo Medina, M.D.
Natasha Pyfrom, M.D.
Luke Widstrom, D.O.

St. Cloud Hospital

Olusola Adegoke, M.D.
Erik Bostrom, M.D.
Lana Dirksen, M.D.
Travis Greiman, M.D.
Neil Johnson, M.D.

St. John's Hospital

Elizabeth Berg, M.D.
Michael Beste, M.D.
Tram Highness, M.D.

St. Joseph's Hospital

Teresa Devine, M.D.
Ryan Fier, M.D.
Melissa Herbranson, M.D.
Jeremy Hunt, D.O.
Brianna Judd, M.D.
Edward Pokorny, M.D.
Kent Scheff, M.D.
Nicole Solberg, M.D.

New Student Members

Mayo

Tony Blankers
Richard Cockerill
John Giudicessi
Katie Handlogten

University of MN - Duluth Campus

Mindi Kvaal Anderson
Jesse Miller

University of MN - Twin Cities Campus

Blair Brown
Catherine Glatz
Valerie Nelson
Katie Steen

In Memorium

John Ericson, MD
Saratoga, CA
Member enrolled since 1956

Marcus Hilker, MD
Shoreview
Member enrolled since 1958



Final 2013 Research Forum Papers of Greatest Interest

Incidence of Vitamin D Toxicity: A Population-Based Study in Olmsted County, MN

Presenter: Daniel Dudenkov, Mayo Medical School

Other Authors: Barbara P. Yawn, MD, Director of Research, Olmsted Medical Center; Sara Oberhelman, MD, Family Medicine, Mayo Clinic; Philip R. Fischer, MD, Pediatric and Adolescent Medicine, Mayo Clinic; Ravinder J. Singh, PhD, Laboratory Medicine and Pathology, Mayo Clinic; Stephen Cha, MS, Biomedical Statistics and Informatics, Mayo Clinic; Julie Maxson, Family Medicine, Mayo Clinic; Stephanie Quigg, Family Medicine, Mayo Clinic; and Tom D. Thacher, MD, Family Medicine, Mayo Clinic

Background: Hypervitaminosis D and associated toxicity has become more concerning given the increased awareness and treatment of vitamin D deficiency in recent decades. However, there are no documented population studies that determine the changing incidence of vitamin D toxicity. Our objective was to characterize the clinical importance of vitamin D toxicity in Olmsted County, MN, over the last 10 years. We hypothesized that the yearly incidence rate of vitamin D toxicity has increased.

Population: Residents of all ages in Olmsted County, MN, during the time frame 2002-2011.

Methods: We identified all serum 25(OH)D measurements >50 ng/ml (hypervitaminosis D) in persons residing in Olmsted County, MN during a 10-year interval (2002-2011), through the Rochester Epidemiology Project databases. The date of the first value >50 ng/ml was considered the index date for incidence determination.

Hypercalcemia (serum calcium >10.1 mg/dl or ionized calcium >5.3 mg/dl) was considered associated with hypervitaminosis D if measured within 3 months of 25(OH)D measurement.

Results: Of 20,308 total 25(OH)D measurements, 1885 (9.3%), 133 (0.7%), and 44 (0.2%) unique persons had 25(OH)D values >50, ≥80, and ≥100 ng/ml, respectively. The incidence of hypervitaminosis D increased from 10 per 100,000 in 2002 to 260 per 100,000 in 2011. The increase in incidence was greater in persons age ≥65 years and in females. The proportion of 25(OH)D values >50 ng/ml increased from 2002 to 2011, but the proportion of 25(OH)D values ≥80 and ≥100 ng/ml did not increase. Of 960 with serum calcium measured within 3 months of 25(OH)D value, 180 (19%) had hypercalcemia. The greatest serum 25(OH)D of 364 ng/ml was associated with the greatest serum calcium of 17.5 mg/dl. This person had been taking vitamin D 50,000 IU four times daily for several weeks. When this subject was excluded, serum 25(OH)D values were not significantly related with serum calcium values ($r=-0.01$; $p=0.70$) or with the risk of hypercalcemia [OR=0.93 (95% CI 0.50-1.7) for 25(OH)D≥80, and OR 0.94 (0.35-2.5) for 25(OH)D ≥100 ng/ml]. The incidence of hypercalcemia between 2002 and 2011 did not change.

Conclusions: The incidence of hypervitaminosis D has increased between 2002 and 2011 without an increase in extreme 25(OH)D values. Hypercalcemia was common but its relationship with hypervitaminosis D was not established.

Perceptions of Childhood MMR Vaccinations in Minnesota's Somali Community

-Recipient of the MAFP Foundation's 2013 David Mersy, M.D., Student Externship Program-

Presenter: Emily Wolff, 2nd year medical student at the University of Minnesota Medical School.

Other Authors/Investigators: Diane Madlon-Kay, M.D.

Objective or Hypothesis: The objective of this study is to better understand parents' perceptions of the potential risks and benefits of childhood immunizations, and whether those perceptions affect the decision to vaccinate, especially with regard to MMR. It is our hypothesis that, due to concerns about autism caused by MMR immunizations, Somali parents are more likely than non-Somali parents to express concerns over vaccine safety and to have refused vaccines for their children. There is anecdotal evidence suggesting that Somali parents are less likely than non-Somalis to vaccinate their children against MMR, specifically due to concerns about a link (albeit scientifically disproven) between this vaccine and autism. However, there is no published documentation on vaccination rates in the Somali population. The current literature also has little to say about perceptions and attitudes toward childhood immunization among this Minnesotan community.

Population: Parents of children younger than 5 years utilizing services at Smiley's Family Medicine Clinic in Minneapolis.

Methods: Data was collected August 2012 through January 2013 from a convenience sample of Somali and non-Somali parents with children younger than 5 years old. All participants were currently utilizing healthcare services at Smiley's Family Medicine Clinic in Minneapolis. A 35 item questionnaire was developed and

piloted with Somali patients and interpreters at Smiley's Clinic. Broad topics examined include risks and benefits of vaccinations, experience with autism, children's vaccination status, major factors influencing vaccination decisions, and societal perceptions of vaccination. All qualifying persons checking in at the clinic, and their interpreters if applicable, were asked to participate in the project, and given a small incentive (chocolates) to encourage completion and return of the survey. Descriptive data was compiled, and comparative data analyzed using a 2 tailed T test.

Main Results: A total of 99 surveys were completed, 28% (n=27) by Somali parents. Somali parents were more likely than non-Somali parents to have refused the MMR vaccine for their child (odds ratio=4.6). Most of them had refused the vaccines because they had heard of adverse effects associated with the vaccine, or personally knew someone who suffered an ill effect. Somali parents were significantly more likely to believe that autism is caused by vaccines (35% vs. 8% of non-Somali parents). Somali's were also more likely to be uncomfortable with multiple vaccines in one visit (odds ratio=4.0), and more likely to believe that children receive too many vaccines.

Conclusions: Statistically significant differences in perceptions and use of vaccines were reported by Somali and non-Somali participants. Somali parents are more likely to believe that MMR vaccines cause autism, and more likely to refuse the MMR vaccine than non-Somali parents. These beliefs have contributed to an immunization gap between Somali and non-Somali children.



MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.

Building a Strong Foundation on Day One

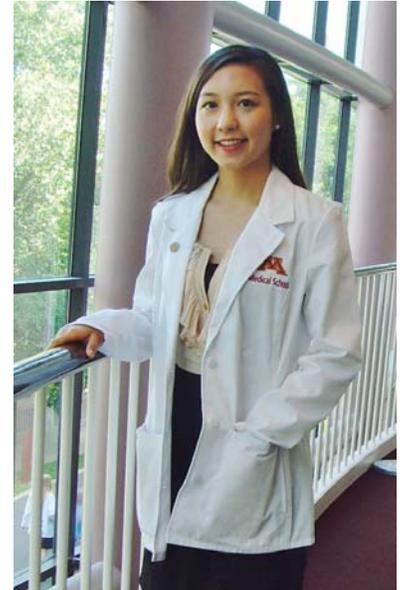
During the fall, nearly every medical school sets aside a few hours to fit their first-year medical students with white coats. Taking time to look into the faces of these young scholars helps me appreciate the many family members, mentors, and scholarship donors who helped me pursue my goals and ensure that my classmates became my professional colleagues.

Today, there is simply no question that finances play a huge role in the specialties our students will ultimately pursue. While many young scholars feel great passion for family medicine, scores will find the weight of medical school tuition overshadows their personality, quest to treat a range of undeserved patients, and original intention of joining our family medicine ranks. As the President of the Minnesota

Academy of Family Physicians Foundation, I'm working with our Board and new Executive Director, Jo Peterson, Ph.D., to build a stronger, more expansive foundation. Throughout 2014, we'll work to engage every member of the Academy in creating family medicine-oriented opportunities for pre-med students, medical students, and residents.

From scholarships to research stipends to rural experiences, we are committed to helping our newest white-coated colleagues feel the passion and ultimately commit to the brilliant careers awaiting them in family medicine.

**Thomas King, M.D.,
Minnesota Academy of Family
Physicians Foundation President**



JooHee Han
First Year Medical Student
University of Minnesota

"When I first arrived in the United States, I had many disabilities. I was blind to written words, deaf to expressive sounds, and mute to express myself. Without the English language, I was helpless.

That feeling of isolation was [lessened], however, due to the benevolence of great volunteers, teachers, and friends who became my senses and, finally, taught me to fine-tune my senses.

When I was most vulnerable, people with great hearts lent me their hands.

In retrospect, my challenges were very minor. For those who suffer with greater health problems, I want to lend my hands during the most frustrating and isolating times with the foundation of medicine to guide me."



Hai Nguyen-Tran of Richfield and Moe Hatab of Bloomington during the white coat ceremony for first year students entering the University of Minnesota Medical School

Driving: The Family Physician Role and Resources

By: Erica B. Stern, OTR/L, Assoc. Prof. University of Minnesota and Chair of MMAP Education Committee

In 2010, 85 year old Lorraine Sullivan drove into oncoming traffic and was hit by another driver (Garrison and Zarembo, LA Times, Sept 7, 2012). Ms. Sullivan survived, but the crash killed her passenger, William Powers (aged 90). Mr. Power's family brought a wrongful death lawsuit to court, against the physician who had been treating her for mild Alzheimer's disease for two years. The family argued that the physician should have recognized Sullivan as a potentially dangerous driver and acted to have her license revoked. The doctor's defense rested largely on the mild nature of Ms. Sullivan's disease. The jury found that the physician had not violated the standard of care or state law (Zarembo, LATimes Sept 07, 2012). Recognizing the limited scope of the ruling, many physicians have begun re-examining their responsibilities related to seniors and driving.

Minnesota physicians are protected against civil and criminal suits associated with stopping or allowing a person to continue driving. These laws are meant to support, not absolve, physicians' professional responsibility. In 2003, the AMA partnered with the National Highway Traffic Safety Administration (NHTSA) to publish the *Physician's Guide to Assessing and Counseling Older Drivers*. Citing motor vehicle crashes as the leading cause of injury-related-deaths among 65-74 year olds and as the second leading cause among persons 75 and older, the AMA urged physicians to assess all senior patients' medical fitness to drive, and to counsel all senior patients on driving. Family physicians are in a strong position to address driving directly with older patients and to assist younger family members who are struggling with elderly family members who may be unsafe when driving.

Mobility for Minnesota's Aging Population (MMAP) is an innovative consortium that aims to influence policy, create new initiatives, and promote research and public education to improve the safety and mobility of Minnesota's aging population. The following resources are a sample of those that provide physicians and family members with recommendations for addressing concerns associated with older adult drivers:

The Hartford Foundation provides publications and training resources including *We need to talk for families addressing driving issues of competent seniors*, and *At the crossroads for families addressing driving issues of seniors with dementia*. All materials are free, including print copies suitable for waiting rooms. Order at <http://www.thehartford.com/Advance50/>



American Occupational Therapy Association offers free online materials and assistance to find driving program in your area that may assess driving, provide retraining, recommend vehicular adaptations, and suggest alternative community mobility resources. Go to <http://www.aota.org/Driving/Professionals/Get-Started.aspx> to see full offerings.

CarFit is a free, national, drive-through program that informs drivers of all ages about the adjustments that they can make to improve vehicle-to-person fit, and increase their comfort and safety. It does not assess driving ability. For general information on the program, go to <http://www.car-fit.org/carfit/RegisterCarFit>. To arrange for training or to partner on a CarFit event, please e-mail Erica Stern at stern001@umn.edu.

AAA offers numerous free online interactive self-assessments, tips for improving safety, and other materials for both senior drivers and concerned family members. Access them at <http://seniordriving.aaa.com>.

Senior Linkage Line is a statewide community resource that helps find assistance with day-to-day needs including transportation and meals. To contact call 800-333-2433 or contact via their website at www.MinnesotaHelp.info.

Family physicians may also access the **American Medical Association's** (www.ama-assn.org/go/olderdrivers) free web-based educational course *Medical Fitness to Drive: Is your patient at risk?* (for which physicians can earn a maximum of 6.25 CEUs, PRA category 1) and the *Physician's Guide to Assessing and Counseling Older Drivers* which describes screens appropriate for physician use and summaries of medical fitness laws on a state by state basis. (www.ama-assn.org/go/olderdriver)

Other resources may be found at the MMAP webpage on the *Toward Zero Deaths* website (<http://www.minnesotatzd.org/whatistzd/mntzd/partners/mmap/>)

THE BULLETIN BOARD

Save the Date - 2014 MAFP Winter Conference and SAM Study Group

Mark your calendar for the 2014 MAFP Winter Conference taking place **January 31 - February 1** at Arrowwood Resort in Alexandria, Minnesota. Educations sessions will draw from the breadth of the family medicine specialty offering something for everyone. There will also be a SAM Session on Friday afternoon. This conference is a chance to combine CME with a winter getaway! Watch for registration materials coming soon.

MDH Certifies New Health Care Homes

The Minnesota Department of Health has certified 266 certified health care homes. The following clinics have recently been certified: **Hennepin County Medical Center: Parkside Internal Medical Clinic and St. Anthony Village Clinic; St. Cloud Medical Group: Clearwater Medical Clinic, Cold Spring Medical Clinic; Sanford: Wheaton Clinic and Wahpeton Clinic; Life Medical, PA in St. Louis Park; and Sawtooth Mountain Clinic in Grand Marais.** To learn more, visit <http://www.health.state.mn.us/healthreform/homes/certifiedhchs/index.html>.

Make a Tar Wars Presentation

Family physicians, family medicine residents and medical students are encouraged to visit local

schools and make a Tar Wars presentation in their community. Those interested in helping keep kids stay tobacco-free, should call the principal, a teacher or school nurse at the school of their choice and arrange presentation times and dates. To view the easy-to-follow curriculum, please visit the Tar Wars section of the MAFP website at www.mafp.org.



Patient Evaluation Resources for Opioid Risk Management Available

PERFORM® (Patient Evaluation Resources for Opioid Risk Management) Online is a website (<http://www.purdueperformonline.com/>) designed to provide information on how to assess and minimize the risk of medication misuse and abuse in patients who may be appropriate for opioid therapy. As a healthcare professional-only website, registration (free) is needed for access to this website resource.



The Doctors Office Urgent Care in Minnetonka & Eden Prairie is looking for "Family Medicine and Med/Peds resident physicians or Board Certified Family Medicine and Med/Peds Physicians" to work at our urgent cares. We are open 365 days a year evenings, weekends and holidays. Hours of operation: Mon-Friday 6pm-9pm, Sat., Sun, & All Holidays 1pm-8:30pm. We see children and adults.. website: www.afterhoursurgentcare.com Please contact Cindi Simonson csimonson@slpeds.com or phone 952-401-8289 for an application. We are looking to hire 2-3 new doctors.

Glacial Ridge Hospital in Glenwood, MN is seeking an **emergency room** experienced Physician, NP or PA to work exclusively in our Emergency Department. 10 patients average per 24 hrs. FT or PT. 24 hr. shifts. Glacial Ridge Health System includes a progressive Trauma Level IV, 19 bed Critical Access Hospital with two clinics. Glenwood is a family oriented community with an excellent school system. Recreational opportunities include boating, hiking, excellent fishing and hunting. Located halfway between Fargo and the Twin Cities. Visit us online at www.GlacialRidge.org. To discuss the opportunity, call Kirk Stensrud, CEO, 320.634.4521 or email kirk.stensrud@glacialridge.org.

Urgent Care Moonlighting Opportunity in Minneapolis: Independent physician-owned urgent care clinic located conveniently near Uptown in Calhoun Village Shopping Center on W. Lake Street, seeking moonlighting physicians! Flexible hours, great location, friendly staff, competitive pay! Call Niki at 612-229-1072 or email fastcareoftcmc@gmail.com. Please visit our website at www.twincitiesmedicalclinic.com.

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall, Litchfield and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information, please contact Kari Bredberg, Physician Recruitment, 320-231-6366 or e-mail karib@acmc.com; or Julayne Mayer, Physician Recruitment, 320-231-5052 or e-mail mayerj@acmc.com. Website: www.acmc.com.

Burnsville Family Physicians, an independent practice located near Fairview Ridges Hospital in Burnsville, is currently seeking an energetic, independent-minded family physician to join our group. We are a healthy, physician-owned practice, which values independence and flexibility in order to provide excellent patient-centered care. Independence is important! If you seek a practice where compensation is directly related to the amount you choose to work, then this may be a good fit for you. Please contact Michelle Turner, Clinic Manager, at 952-435-0304 if you are interested in learning more about this unique practice opportunity!

Looking for the ideal practice setting? Imagine driving through the beautiful north woods and lakes country to get to work. When you arrive, the doors open on a newly renovated facility equipped with the latest technology for patient care and designed to enhance health and healing. At **Riverwood Healthcare Center**—a progressive 25-bed Critical Access Hospital that is integrated with three primary care clinics—that is what awaits you. The newly renovated hospital features all single-occupancy rooms with sofa sleepers plus a deluxe birthing center and state-of-the-art ICU. With the opportunity to practice the full spectrum of Family Medicine within a 4-day week, you can achieve life and family balance while pursuing your professional aspirations. Join our growing practice of over 35 physicians, specialists and surgeons, which includes the **2013 Minnesota Family Physician of the Year**. If you are interested in a practice where both your compassion for patients and professional skills are highly valued, I would like to talk with you. Call or email Tanya Pietz at tpietz@riverwoodhealthcare.org or call me at 218-927-5587. For more information, go to www.riverwoodhealthcare.org.

We have an opening for a **Per-Diem Family Physician** to work at our NEW employer health center located on site in **St Cloud, MN!** This person would work approximately 4 hours per week. As part of Walgreens Health and Wellness division, Take Care Health Systems Employer Solutions is the manager of worksite-based health and wellness services. We operate on-site employee health centers, pharmacies and fitness centers for many of the country's largest corporations and federal agencies. The company combines best practices to deliver access to high-quality and convenient healthcare. For more information, contact: Nilda Mestey, RN, BSN –Talent Business Partner, nilda.mestey@walgreens.com, C:224.828.5298, www.takecareemployersolutions.com.

North Memorial is presently recruiting BC/BE family medicine physicians. We strongly promote primary care physician practice opportunities with our owned and associated clinics; including those that are physician owned, joint ventures and hospital owned. Which means you can choose from large or small and multi or single specialty practice options in metro, suburban or rural locations. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 581-2986. E-mail: mark.peterson@northmemorial.com Website: www.northmemorial.com

Sanford Clinic Worthington, Worthington, MN is seeking a BE/BC Family Medicine Physician to join their medical staff of primary care and specialty physicians. Sanford Worthington exists as a “hub city” for the many surrounding communities, allowing patients to receive quality care in specialties such as OB/GYN, Orthopedic Surgery, and Hem/Onc without traveling far from home. Current call is 1:4. A competitive compensation, generous incentive, and Enhanced Physician Benefits are included with this position. Worthington is a progressive, growing community located near many lakes and the home of beautiful Lake Okabena. The population is over 10,000 and services over 35,000. It is located just over 200 miles southwest of Minneapolis/St. Paul. For more information, contact Mary Jo Burkman at 605-328-6996 or 866-312-3907, MaryJo.Burkman@sanfordhealth.org. View all openings at www.practice.sanfordhealth.org.

Leading the way in innovation. **Fairview Health Services** is dedicated to academic medicine, population health management, team-based integrated care, and to leading the nation in creating a transformative, high-value healthcare system. We are seeking physicians to join us in who want to be a part of our nationally recognized, patient-centered, evidence-based care team. Join us in vibrant and growing communities such as Apple Valley, Chaska, Elk River, Lakeville, Minneapolis, Pine City, Princeton, St. Francis, Wyoming and surrounding areas. Join us in delivering exceptional care every day. . Visit www.fairview.org/physicians to explore this and other opportunities, call 800-842-6469, or e-mail recruit1@fairview.org. EEO/AA Employer

Rural Family Medicine: Enjoy the full spectrum of family medicine by joining 7 experienced Family Physicians and 9 PAs in Onamia, Minnesota. We have 4 clinics around the southern shores of Lake Mille Lacs and also serve the Mille Lacs Band of Ojibwe. We practice all aspects of family medicine: clinic, hospital care, prenatal care, house calls and geriatrics. We are not doing OB or delivering babies. Our hospital, clinic, nursing home, ER and ambulance are all combined to allow us to work together harmoniously. ER is staffed 24/7 by very capable PAs, and we are a Level IV Trauma Center. Call Dr. Tom Bracken 320-630 -7135 or Fern Gershone 320-532-2584. J-1 Visas may apply.

We are actively recruiting exceptional full-time BE/BC Family Medicine physicians to join our primary care team at the **HealthPartners Central Minnesota Clinics - Sartell**. This is an out-patient clinical position. Previous electronic medical record experience is helpful, but not required. We use the Epic medical record system in all of our clinics and admitting hospitals. Our current primary care team includes family medicine, adult medicine, ob/gyn and pediatrics. Several of our specialty services are also available onsite. Our Sartell clinic is located just one hour north of the Twin Cities and offers a dynamic lifestyle in a growing community with traditional appeal. HealthPartners Medical Group continues to receive nationally recognized clinical performance and quality awards. We offer a competitive compensation and benefit package, paid malpractice and a commitment to providing exceptional patient-centered care. Apply online at www.healthpartners.jobs or contact diane.m.collins@healthpartners.com Call Diane at 952-883-5453; toll-free: 800-472-4695 x3. EOE

Grand Itasca Clinic & Hospital, a fully integrated multi-specialty clinic and hospital located in Northern Minnesota, has full-time Emergency Medicine opportunities for the ED, as well as full scope Family Medicine practice opportunities available for our Clinic, to include OB and hospital rounding. BC/BE required. Practice opportunities include FT salaried positions with full benefits: Competitive first year income guarantee, with a generous signing bonus and moving allowance. There is a competitive benefit package that includes health and life insurance, professional liability coverage, generous allowances for Continuing Education and vacation. New state-of-the-art facility located in a true vacation paradise! www.granditasca.org E-mail: gail.anderson@granditasca.org or call 218.999.1447.

To place an ad in the Practice Opportunities section, please contact Kristie Thorson at kthorson@mafj.org. For more information regarding cost and submission deadlines, please visit www.mafj.org.

MORE



Leading the way in innovation. At Fairview Clinics – Wyoming, we are seeking a board-eligible/board-certified family medicine physician to join the Fairview Medical Group practice. Be part of an outpatient only or traditional outpatient/inpatient Family Medicine practice, with the opportunity to perform procedures. Clinic services include: preventive medicine, prenatal care, diagnosis and treatment of acute and chronic illnesses and same-day appointments. Physicians see an average of 19-26 patients per day. This opportunity qualifies for relocation and other special incentives based on location. H1B accepted. Please visit www.fairview.org/physicians to explore this and other opportunities. Call 800-842-6468 or e-mail recruit1@fairview.org for further information. EEO/AA Employer

Sanford Clinic Sheldon, IA is seeking one BE/BC Family Medicine physician to complement an active staff of 4 family physicians (another to start in July 2014), general surgeons and advanced practice providers. Practice includes inpatient, outpatient, OB and back-up call to nurse practitioners in the emergency room. Call is currently 1:4 with over 160 infants delivered per year. This position offers competitive compensation, an enhanced benefit package and relocation allowance. Sheldon has a population of 5,000 with a service area over 10,500. Sheldon is approximately 70 miles from Sioux Falls, SD and 60 miles from Sioux City, IA with top notch education as a key focus. Sheldon has been rated in the top 100 schools in the US! For more information, contact Mary Jo Burkman at 605-328-6996 or 866-312-3907, mary.jo.burkman@sanfordhealth.org. View all openings at www.practice.sanfordhealth.org.

Douglas County Hospital is seeking an emergency medicine or primary care specialty with emergency department experience to join our progressive team. Full-time, 12-hour shifts; 16,000 emergency department visits annually; Level III trauma designation; new/remodeled facility in 2010; committed to quality, evidence-based care and exceptional patient satisfaction; Class of 2001 and 2008 top 100 Hospitals in Nation; competitive compensation and benefits package, paid malpractice, CME, relocation, retirement plan and more. Contact Eddie Reif, ereif@dchospital.com, 320-762-6194.

Fairview Health Services is seeking full-time as well as per-diem moonlighters to work in urgent care, providing care in the communities of Andover, Bloomington, Brooklyn Park, Eagan, and St. Paul. Hours: Monday-Friday, 8am – 10pm; Saturday, 8am – 10pm; Sunday, 10am – 8pm. The acuity at these facilities is moderate with physicians providing a broad spectrum of non-emergent care for minor illness and injury. All hospital admissions are referred to the physician on-call for these practices. Moonlighters are needed for a variety of shifts at these urgent cares and at other Fairview clinics in the metro area. Hours vary by site. Volume fluctuates seasonally. Candidates must be BE/BC in Family Medicine or Internal Medicine/Pediatrics. Please contact recruit1@fairview.org for additional information or call 800-842-6469. EEO/AA Employer

Associate Director, Family Medicine Faculty Physician - Join University of Minnesota/St. Cloud Hospital Family Residency program. Provide a comprehensive education that incorporates the skills needed by family medicine physicians. 5-5-5 dually accredited (AOA and ACGME) community-based un-opposed residency program-Core training site for 3rd and 4th year KCOM students. Supportive environment with a well-rounded faculty. EPIC is EMR and state-of-the-art hospital with recent \$225 million expansion. Faculty responsibilities include teaching and supervision of residents/students, direct patient care, and administrative responsibilities. 60 minutes from Twin Cities. Family-friendly, four-season recreation, four colleges, theatre and arts, lakes area. www.centracare.com/fam_med_res/index.html. Contact Cassie Tinius (320)-656-7085; email tiniusc@centracare.com.

Lakeview Clinic is seeking BE/BC family physicians to join our independent, multispecialty, physician-owned group in the southwest metro. This is a traditional practice opportunity with a 4 day work week in the office and inpatient care provided at Ridgeview Medical Center, a growing community hospital in Waconia. Enjoy the best of all worlds, from rural to suburban in one of our 4 sites, and the camaraderie and support found in our group of family physicians, internists, pediatricians, OB/GYNs, and surgeons. Family physicians with an interest in obstetrics preferred. Contact Sandra Beulke, MD at 952-442-4461 or at administration@lakeviewclinic.com. www.lakeviewclinic.com

Express HealthCare is hiring MDs, PAs, or NPs with exceptional patient care. Urgent Care &/or ER experience. If you are looking for flexible schedule, variable shifts, we're your place! We are an independent clinic that offers excellent care through modern working environment utilizing EMR, digital imaging and onsite automated prescription dispenser. We are located just north of Hwy 10 next to the National Sports Center in Blaine. Hours of operation are Monday thru Sunday from 10 am-10pm. We offer competitive pay, flexible scheduling and a friendly working environment. Please contact Mikailah Lim, Clinic Manager, at mim@express-healthcare.com or call 763-795-9363 x305.

Western Wisconsin (Amery, Osceola) HealthPartners Medical Group is seeking exceptional BC/BE family medicine with or without OB physicians for growing rural communities in western Wisconsin. These positions offer a traditional family medicine practice in small-town rural settings, all within an hour's drive of the Twin Cities. We offer a competitive salary, an excellent benefits package, and a commitment to providing exceptional patient-centered care. For more information, contact diane.m.collins@healthpartners.com or call Diane @ (952) 883-5453, toll-free: (800) 472-4695, x3. Apply online at www.healthpartners.jobs EOE

Northfield Hospital & Clinics seeks a Family Medicine Physician to join our medical staff. We own and operate five primary care clinics in communities less than an hour south of the Twin Cities. Our family medicine staff works in new facilities with access to quality specialists. OB care is optional. We offer competitive salary and benefit packages. Join our growing network based in Northfield, a progressive college town with a small-town feel and easy access to the amenities of the Twin Cities. Visit our web site at familyhealthclinics.org. Contact Kathleen Meier, 507-646-6869, meierk@northfieldhospital.org.

Allina Health is seeking physicians for part-time and casual positions in urgent care, providing walk-in care for the communities of Champlin, Coon Rapids, Burnsville, Edina, Inver Grove Heights, Woodbury, Maplewood and St. Paul (Monday-Friday, 3-10 p.m., and Saturday/Sunday, 9 a.m.-5 p.m.) Candidates must be BE/BC in Family Medicine, Internal Medicine/Pediatrics or Emergency Medicine; residents must be in third year of training. A comprehensive benefits package is available at a minimum 18 hours per week. Join our award-winning team! View current openings and apply online at allinahealth.org/careers. For more information, email recruit@allina.com or call 1-800-248-4921. EOE/AA

Mayo Clinic Health System Oakridge in Osseo, WI is seeking a physician Board Certified/Board Eligible in Family Medicine with interest in both in/outpatient care opportunities. Full scope family medicine without OB. Call of 1:4. Daytime Hospitalist manages hospitalized patients Monday through Friday. MAYO CLINIC HEALTH SYSTEM links Mayo Clinic's respected expertise in patient care, research and education with Mayo's community-focused multi-specialty groups in Minnesota, Wisconsin and Iowa. Today, more than 950 physicians practice in the 75 Mayo Clinic Health System communities. EMR, PACS, and other on-line resources make it possible to practice state-of-the-art medicine in a rural atmosphere. Osseo is a thriving four season community with an excellent educational system located 25 minutes south of Eau Claire, WI. Contact Cyndi Edwards, 800-573-2580; e-mail edwards.cyndi@mayo.edu or fax 715-838-6192. Site qualifies for J-1. EOE

Sanford Medical Center Aberdeen, Aberdeen, SD is looking for a BE/BC Family Medicine physician to join its medical staff. A large newer clinic is attached to a Brand New 48-bed Hospital. Current call is 1:7. OB is optional. Numerous onsite hospital services and specialty physicians including Anesthesiologists, General Surgeons, Interventional Cardiologists, and more exist. Service area is approximately 90,000. This position offers competitive compensation, a generous incentive and enhanced benefits including paid Malpractice and Tail Coverage. Aberdeen is the third largest community in the state with over 25,000 people. The economy is strong with a competitive cost of living. SD has no state income tax. It's a great place to live and raise a family! For more information, contact Darla Horton at 605-328-6994 or 866-312-3907, Darla.Horton@sanfordhealth.org. View all openings at www.practice.sanfordhealth.org.

Allina Health is a not-for-profit family of clinics, hospitals and other care services dedicated to meeting the lifelong health care needs of communities throughout Minnesota and western Wisconsin. Our award-winning electronic health record system provides seamless, coordinated, informed care and improved patient safety. We are seeking part- and full-time BE/BC Family Physicians for career opportunities in our communities: Chanhassen, Coon Rapids, Eagan, Elk River, Faribault, Farmington, Forest Lake, Fridley, Hinckley, Lakeville, Maplewood, Mora, Northfield, Oakdale, Pine City, Ramsey, Shakopee, Shoreview, St. Paul, Vadnais Heights and West St. Paul. Join our team! We care for our employees by providing rewarding work, flexible schedules and competitive benefits in an environment where passionate people thrive and excel. View current openings and apply online at allinahealth.org/careers. For more information, email recruit@allina.com or call 1-800-248-4921. EOE/AA

Cuyuna Regional Medical Center (CRMC) – made up of 45 + physicians including 15 Family Medicine physicians, has opportunities for additional Family Medicine physicians in our multi-specialty clinic. Located in the central Minnesota town of Crosby, CRMC offers the following opportunities: - Full Spectrum (with or without OB), or strictly an Outpatient Clinic Practice. Are you looking for a change in your professional life that offers a work/life balance you can enjoy in a beautiful northwoods setting – only two hours from the twin cities of Mpls/St. Paul? Our growing health care facility offers competitive compensation and benefits. To learn more, check out our new video called “Why Crosby” at www.practicenearperfect.com or call Todd Bymark at 218-546-4322 or see us at www.cuyunamed.org.

Sanford Clinic North – has immediate openings for BC/BE Family Medicine physicians in several of its Sanford Health clinics. Practice opportunities exist in Minnesota communities including: Alexandria, Detroit Lakes, East Grand Forks, Moorhead, New York Mills, Perham, Thief River Falls, and Wheaton, and in North Dakota communities: Fargo, Jamestown, Mayville, Oakes, Valley City and Wahpeton. Good call arrangements and modern well-established community hospitals. OB is desired but not required for some clinics. Sanford Health offers market competitive salaries, comprehensive benefits, paid malpractice and a generous relocation allowance. Starting incentives available. To learn more contact: Jill Gilleshammer, Physician Recruiter, Phone: (701) 417-4852, Email: Jill.Gilleshammer@sanfordhealth.org.

Olmsted Medical Center, rated in 2012 as one of Minnesota's top workplaces to work, is seeking BC/BE Family Medicine physicians for our clinic in Pine Island and our new Cannon Falls location, all just minutes from Rochester. Olmsted Medical Center, a not-for-profit organization, has been southeastern Minnesota's hometown healthcare provider since 1949. Our 140+ clinicians and more than 1,000 healthcare professionals serve at 16 locations, including a multi-specialty clinic, a hospital with a 24-hour emergency room, two FastCare retail clinics in Rochester Shopko stores, and 10 community branch clinics. Olmsted Medical Center has more than 20 specialties and is best known for its convenient, quality personal primary care. OMC offers a competitive compensation and comprehensive benefits including a relocation package. Contact Deb Cardille (507)529-6748, dcardille@olmmed.org and visit www.olmmed.org to see our story. EOE

Alexandria Clinic is looking for a Family Medicine physician to join its medical staff. It has over 30 specialists located in a modern, well staffed facility. On July 1, 2012, Alexandria Clinic integrated with Douglas County Hospital which also provides state-of-the-art services to the community. We are dedicated to quality patient care and offer an atmosphere of cooperation between the integrated clinics and hospital, while still fostering physician independence. Compensation includes a competitive base annual salary with negotiable signing bonus; productivity incentive pay, 30 days of vacation/CME, partnership opportunity after one year, 1:14 call, and many other benefits. If you're looking for a great place to live and work in the heart of lakes country, Alexandria Clinic has an excellent opportunity for you! If you're interested please contact Tim Hunt, Clinic Administrator at (320) 763-2500 or thunt@alexclinic.com. Visit our website at www.alexclinic.com.



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